



## 50 HOUR YOGA TEACHER TRAINING COURSE - APPLICATION FORM

Enclose/  
Attach  
One  
Photograph

**Selected Course Date:** \_\_\_\_\_

- YIN
- VINYASA
- HATHA IMMERSION
- AYURVEDA

Residential    Non-residential

*\*Please fill this form digitally and send by email*

Application for Admission	
<b>First Name</b>	
<b>Family Name</b>	
<b>Gender</b>	<input type="checkbox"/> Male <input type="checkbox"/> Female
<b>Address</b>	
<b>City</b>	
<b>State / Province</b>	
<b>Country</b>	
<b>Zip code</b>	
<b>Phone (Mobile)</b>	
<b>Phone (Home)</b>	
<b>Email address</b>	
<b>Alternate email (if any)</b>	
<b>Birth Date (DD/MM/YYYY)</b>	
<b>Nationality</b>	
<b>Marital Status</b>	<input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Single <input type="checkbox"/> Partner
<b>Current Occupation</b>	
<b>Education/Vocational Skills</b>	
<b>Languages Spoken</b>	
<b>How did you learn about AYA? (Google / Yoga Alliance / others)</b>	
<b>What were you searching for?</b>	
<b>Accommodation choice TTC India</b>	<input type="checkbox"/> Double Shared <input type="checkbox"/> Single room preferred  <input type="checkbox"/> Single room only
<b>Accommodation choice TTC Netherlands</b>	<input type="checkbox"/> Dormitory <input type="checkbox"/> Double shared <input type="checkbox"/> Single room

Fee Structure	
<b>Selected Fees</b>	<input type="checkbox"/> Standard <input type="checkbox"/> Refundable
<p>- Standard Fees is non refundable in any situation.</p> <p>- Refundable fees includes an insurance premium amount which is 15% extra over the Standard fees which is payable along with the initial deposit. This insurance covers you for:</p> <ul style="list-style-type: none"> <li>• Free cancellation and full refund of your paid course fees (excluding the paid 15% insurance premium amount) for any reason, minimum 7 days before the course begins.</li> <li>• 75% refund of any unused portion of the paid course fees (excluding the paid 15% insurance premium amount), if registration is cancelled less than 7 days before commencement of the course or during the course.</li> </ul>	

Emergency Contact	
<b>Name</b>	
<b>Phone</b>	
<b>Relationship</b>	

Yoga Experience	
<b>How long have you been practicing Yoga?</b>	<input type="checkbox"/> Not at all <input type="checkbox"/> Six months to one year <input type="checkbox"/> More than one year
<b>If more than one year: How many years?</b>	
<b>If you are already a Yoga practitioner, which style/tradition do you practice</b>	

Briefly describe your Yoga practice if you have one:

If you have studied with a teacher from AYA, at what location and how many months have you studied:

If you have previously studied with AYA, please name the teachers with whom you studied:

Which Yoga style you wish to teach?

**Do you have any experience teaching Yoga?**

Yes  No

**If yes, how long have you been teaching and in which tradition/style:**

**Please describe any other spiritual or meditation practices which are important to you:**

### Health Information

Have you in the last 12 months used tobacco, alcohol, recreational drugs, or illicit substances?

Yes  No

Are you pregnant?

Yes  No

If Yes, how many weeks \_\_\_\_\_

Do you currently continue to use any of these substances? If yes, please list substance and frequency of use:

What is your primary diet\*?

vegan  vegetarian  unrestricted  
 other \_\_\_\_\_

***Please mention in case you follow any special diet\* :***

\*In case of a special diet please check the availability with us.

### In-Depth

***This section of the application is intended to give us a better understanding of you as a person. We encourage you to include any transformational experiences or turning points in your life that have brought you to your current personal relationship with Yoga and aspiration to become a teacher. Please give short answers (max 200 words each) to the following questions:***

*What attracts you to spirituality and specifically to the path of Yoga?*

*What does Yoga mean to you? What should the role of a Yoga teacher be?*

*Why do you wish to become a Yoga teacher?*

*What is it specifically about the Arhanta's approach to Yoga that interests you?*

*Any additional comments about your application:*

#### **Ashram Rules and Regulations:**

1. The Arhanta Yoga Ashram is dedicated to creating a more conscious and compassionate world. Our mission is to create a safe and sacred environment to promote spirituality, ethical behavior, respect and trust.
2. The student's behavior and attitude, while at the ashram, should respect Ashram culture and enhance the spiritual atmosphere of the Ashram. The Ashram should not be treated like a social club or resort.
3. Students should maintain an atmosphere encouraging mutual respect, civil and congenial relationships and free from all forms of harassment and violence, where everyone can discuss their differences and exchange ideas openly, honestly and respectfully.
4. Students should use respectful language with each other. Any bullying, negative gossiping, spreading of rumors may result to expulsion from the course.
5. Tobacco, alcohol, non-prescription drugs, meat, fish, eggs are NOT allowed while staying in the ashram.
6. Students should not make public displays of affection. Public nudity is forbidden. Celibacy as part of the spiritual discipline is encouraged while staying at the Ashram. Modest dress (shoulders, midriff and legs covered) should be maintained at all times including asana classes.

7. Students should not leave the ashram premises without permission of the director.
8. Lights are out after 9:30pm.
9. Use of electronic gadgets like mobile phones / tablets etc. is not allowed in the ashram except during designated hours in office area only.
10. Use of heavy electrical items like iron, water cooker etc is not allowed in the rooms due to electricity overload problem.
11. Participation in scheduled classes, karma yoga and Satsang is mandatory.
12. Photography, video, audio recording is not allowed during the classes without prior permission of the director.

### **Ashram Rules and Regulations:**

1. Students are responsible for their own medical and health care. They should carry their own medicines if necessary. Very limited medical care is available at the ashram and it can be provided only in case of emergency.
2. Arhanta Yoga Ashram cannot be held liable for any accidents, injuries or thefts during the course.
3. All fees are payable 10 weeks before the course starts or the given due date, in case of nonpayment in time the registration may be cancelled and the deposit may be forfeited.
4. We have standard non refundable fees and premium refundable fees. Once the registration is made it is not possible to change from one fee structure to another.
5. In case the course is rescheduled or cancelled due to unforeseen circumstances, Arhanta Yoga Ashrams liability is limited to the refund of deposited fees only.
6. Arhanta Yoga Ashram reserves the right to use any pictures / videos taken during the course and activities for its records and promotional purposes.
7. Even in possession of the student the copyright for the Arhanta Yoga teacher training manual and content stays with Arhanta Yoga and is forbidden to share / distribute it.
8. Certificate will be awarded after passing the exams with at least 50 attendance hours.
9. Arhanta Yoga is not responsible if the ashram environment or the course does not meet personal expectations of the student. We only assure you what is mentioned on the website.
10. All disputes are subject to the law of the Netherlands and will be decided only by the competent court in the Netherlands to the exclusion of any other court or way of settling legal or other disputes.

### **Refund Policy**

#### **1. In Case of Non Refundable Fees (Standard Fees)**

If your registration does not include the booking of an accommodation, then you have the right to rescind the contract without stating the reasons within a period of fourteen days. After that all the paid fees become non refundable. If you register for a residential course, that includes a booking of accommodation all fees are non-refundable in any case. However a credit note for unused portion of the fees can be issued in certain medical conditions where the student can provide the proof that he or she can not follow the course any more. This does not cover any medical conditions or ailments which already exist at the time of the application.

Such credit note will incur the administration charges of Euros 200. The credit note can be used towards any future courses at Arhanta Yoga Ashrams. All credit notes have a validity of two years from the date of issue.

### **Transfer of registration to a future date**

A student can transfer his / her registration from one course to another course only before the start of the original course (once only). After this time fees are forfeited. The student can shift the paid fees towards any future date with in 2 years of original registration date. All the transfers will incur an administration charges as following:

- If the transfer of registration is requested more than 4 weeks prior to the commencement of the course there will be *no administration charges*.
- If the transfer of registration is requested less than 4 weeks but more than 14 days prior to the commencement of the course there will be an *administration charge of 10% of the total fees*.
- If the transfer of registration is requested less than 14 days prior to the commencement of the course there will be an *administration charge of 25% of the total fees*.

Note:

- After the commencement of the course any transfer of registration is not possible (except in medical emergency as mentioned above).
- Transfer of registration to a third person is not possible.
- If a student is expelled from the course due to non observance / false or incomplete health information, no refund or transfer can be claimed.

### **2. In Case of Refundable Fees (Fees with 15% Premium)**

In case you have chosen the Refundable fees and paid insurance premium which is 15% extra of the total fees which is payable with the initial deposit. You are entitled to

- Free cancellation and full refund of your paid course fees (excluding the paid 15% insurance premium amount) for any reason, minimum 7 days before the course begins.
- 75% refund of any unused portion of the paid course fees (excluding the paid 15% insurance premium amount), if registration is cancelled less than 7 days before commencement of the course or during the course.
- Transfer of registration can be requested as per standard rules and charges (as mentioned above in point 1 *In Case of Non-refundable Fees*.)

**3. If a student is expelled from the course due to non observance of ashram rules/ regulations then no refund can be claimed.**

**4. In case of cancellation or rescheduling of the course by the AYA, students have the choice to transfer to another course or to receive a full refund of the paid fees. Our liability is limited to the refund of the received fees only.**

### **Liability Waiver**

For a complete overview of liability we refer to Arhanta Yoga's Liability Waiver and Terms and Conditions.

## Full Disclosure

The information an applicant provides on this form is treated as confidential and will only be seen by those teachers and staff involved with the Teacher Training Course. Arhanta Yoga treats all personal data you provide in accordance with the Personal Data Protection Act.

*“By submitting this application and typing my full name below I affirm the statements below:-*

1. I affirm that the information provided on this application form is true and complete to the best of my knowledge. False, incomplete, or misleading information is grounds for rejection of this application, expulsion from the program, or revocation of certification after completion of the program.
2. I confirm that I am in appropriate mental and physical health to be able to follow the course.
3. I confirm that I have read and agreed on the Rules & Regulations, Refund policy, Terms & Conditions and Liability waiver of Arhanta Yoga and I understand that non-observance of these rules can result in expulsion from the program.
4. For our Terms and Conditions and Liability Waiver please refer to

<http://www.arhantayoga.nl/algemene-voorwaarden>

<https://www.arhantayoga.org/general-conditions/>

<https://www.arhantayoga.org/Liability-waiver.pdf>

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**Full Name OR Signature**

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**Date**

*\*This is a digital form thus typing name will be treated same as signature.  
The form can be filled and send digitally.*